



"And this I pray, that your love may abound yet more and more in knowledge and in all judgment;" Philippians 1:9



Pastor Anita Latin, M.Th., Dean / Professor

“PERSONAL SPIRITUAL GROWTH” – PART III

“Therefore, let us move beyond the elementary teachings about Christ and be taken forward to maturity, not laying again the foundation of repentance from acts that lead to death, and of faith in God,” – Hebrews 6:1 (NIV)



OVERVIEW:

Welcome back to our third session on Personal Spiritual Growth. I pray that each session has provided tools and strategies that can be implemented in your life immediately resulting in a personal spiritual growth spurt! Each session builds upon the layer that has been previously laid. I want to be sure that everyone in attendance this evening is on the same page. Let there be no gaps in your knowledge!

In the first session, we discussed the components of **GROWTH:**

- **Groundwork** - _____
- **Routine** - _____
- **Opposition** - _____
- **Word Study** - _____
- **Trust** - _____, and _____
- **Help** - _____, _____



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In the second session, we discussed **DOING THE DAILY:**

- **inward** disciplines - _____, _____,
_____ and _____
- **outward** disciplines - _____,
_____ and _____

- **corporate** disciplines - _____, _____,
_____ and _____

It is vital to your Personal Spiritual Development that you understand the significance of *Transformation*. Whatever is going on inwardly, will ultimately manifest itself outwardly. **(Proverbs 4:23)** – “Keep your heart with all diligence; For out of it *spring* the issues of life.”

This is where we will park on tonight.

Let’s look at what it means to be *Transformed*. In an article entitled, “Spiritual Transformation: 9 Signs You’re Evolving” by Altheia Luna, she states, “*Spiritual transformation occurs when an individual’s soul awakens from its slumber and causes a change in behavior or personality.*” Now the biblical meaning of spiritual transformation entails the meaningful, deep changes within individuals as they are touched by the Holy and as they mature in their experience of and expression given to their faith **(2 Corinthians 5:17)** - This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

The Greek word for transformation is metamórfosi, where we get the word metamorphosis. Metamorphosis means: a profound change in form from one stage to the next.



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What are the benefits of spiritual transformation?

Spiritual growth enhances our ability to deal with life's ups and downs and bounce back from those difficult experiences. **(2 Corinthians 3:18)**

How does God transform our lives?

God cleans us up by taking our sins away from our life and making us a new creature in Christ. **(Romans 12:2)** makes it pretty clear that transformation is a must.

What is a transformed life?

A transformed life is a life in constant contact with God. **Colossians 3:5**



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How do you know that you are being transformed?

- He transforms our _____

(Colossians 3:9-10)

What Is the process of Spiritual Transformation?

Stages of the Journey by Nate Stevens

- **Stage 1: Expectation – (Ephesians 3:20)**
- **Stage 2: Alteration – (Psalm 37:23)**
- **Stage 3: Revelation – (Jeremiah 29:11)**
- **Stage 4: Transformation - (Philippians 1:6) & (Romans 6:4)**

Transformation, growth, change or all a part of your Personal Spiritual Growth. You have to be willing to move out of the way and allow God to do what He do in and through your life. It is a faith walk!

Closing Prayer:

Lord, I thank you for all you've done for me. I just pray that you would change me, oh God. Please guide my heart and help me to grow into the person you want me to be. Rather than me following my own ways, please purify my heart and make me more like you. Please guide my path and help me take steps that will guide me toward your plan for my life and not my own whims. In Jesus' name I pray, Amen.