



IN SPITE OF YOUR FEELING LIKE THE WALLS ARE **CLOSING IN**, THE ROOF IS **FALLING IN** AND THE FLOOR BENEATH YOU IS **CAVING IN**, VICTORY IS IN THE HOUSE! **DON'T FALL APART; HELP IS ON THE WAY!** LISTEN, THERE ARE ONLY FIVE AREAS IN YOUR LIFE THAT SATAN CAN ATTACK. THEY ARE:

SPIRITUAL PHYSICAL EMOTIONAL FINANCIAL RELATIONAL

MARTIN LUTHER, THE REFORMER STATES, ***“FAITH IS A LIVING AND UNSHAKEABLE CONFIDENCE. A BELIEF IN THE GRACE OF GOD SO ASSURED THAT A MAN WOULD DIE A THOUSAND DEATHS FOR ITS SAKE.”***

JUST LIKE DAVID, YOU TOO CAN CALL UPON THE NAME OF THE LORD JESUS CHRIST TO DELIVER YOU FROM YOUR ENEMIES, DRAWING COMFORT FROM YOUR TRUST IN THE LORD. FEAR WILL STIFLE YOU, FREEZE YOU DEAD IN YOUR TRACKS AND CAUSE YOU TO ABORT THE VISION GOD PLACED ON THE INSIDE OF YOU. **TRUST** GOD TO STRENGTHEN YOU **SPIRITUALLY** AND EMPOWER YOU WITH THE PRECIOUS HOLY GHOST. FEAR WILL CRIPPLE YOU INTO BELIEVING THAT YOU CAN NO LONGER **PHYSICALLY** DO ANYTHING FOR GOD BECAUSE YOU ARE NOT WELL IN YOUR BODY. **TRUST** GOD TO REVEAL TO YOU EVERYTHING THAT YOU ARE STILL VERY MUCH CAPABLE OF DOING.

WHEN YOU ARE ON AN **EMOTIONAL** ROLLER COASTER AND FIND YOURSELF ON THE VERGE OF LOSING YOUR MIND, BEGIN TO THINK ON ALL OF THE BLESSINGS THAT GOD HAS ALREADY DONE IN YOUR LIFE AND UNDERSTAND CLEARLY IF HE DID IT BEFORE, HE CAN DO IT AGAIN! KEEP YOUR **MIND** ON HIM AND LET HIM CALM YOUR SPIRIT AND BRING **PEACE** TO YOUR SITUATION.



DON'T FORGET TO GIVE GOD HIS **10%** OF EVERYTHING THAT HE HAS GIVEN TO YOU – YOUR FINANCES, YOUR TIME, YOUR RESOURCES, YOUR TALENTS AND YOUR GIFTS! BLESS GOD AND HE WILL BLESS YOU! **BEWARE!** SATAN USES THOSE CLOSEST TO YOU TO CHALLENGE YOU, TO OPPOSE YOU, TO CRITICIZE YOU AND TO KILL YOUR DREAM! KNOW THAT WHATEVER GOD HAS FOR YOU, IT IS FOR YOU! WHEN GOD IS BRINGING YOU TO YOUR VICTORY THOSE WHO MATTER DON'T MIND, AND THOSE WHO MIND DON'T MATTER!

LET'S LOOK AT FIVE USEFUL TEACHING POINTS THAT YOU'LL NEED WHEN YOU GO THROUGH YOUR **TROUBLES**. THEY WILL HELP YOU **TRUST** GOD THE MORE, EVEN IN THE MIDST OF YOUR **TRIALS**. AND YOU WILL **TRIUMPH** AND GIVE **THANKS** IN THE END!

**—Teaching point one: YOUR TROUBLES! - (pursued & persecuted)
(PSALM 56:1-2)**

EVER WONDER WHY YOU MUST DEAL WITH TROUBLE? NOTHING HAPPENS WITHOUT THE KNOWLEDGE AND PERMISSIVE WILL OF GOD. SO INSTEAD OF FIGHTING AND COMPLAINING ABOUT YOUR TROUBLES UNDERSTAND THIS ONE THING, GOD USES YOUR TROUBLES TO **DIRECT** YOU, TO **INSPECT** YOU, TO **CORRECT** YOU, TO **PROTECT** YOU AND TO **PERFECT** YOU! PRAYER WILL DRAW YOU CLOSER TO THE SOURCE OF YOUR STRENGTH. GOD IS THE STRENGTH OF YOUR LIFE! TAKE THIS TIME TO OPENLY AND HONESTLY LAY ALL OF THE ISSUES OF YOUR HEART AT THE FEET OF JESUS FOR HE CARETH FOR YOU!

How does God use your troubles?

GOD USES YOUR TROUBLES TO _____ YOU,
TO _____ YOU, TO _____ YOU,
TO _____ YOU AND TO _____ YOU!



What can happen only by God's permissive will?

Who and what does prayer draw you closer to?

—Teaching point two: YOUR TRUST! – (courageously & confidently)

(PSALM 56:3-4)

RECOGNIZE THAT MAN IS POWERLESS TO THWART GOD'S ETERNAL PURPOSE IN YOUR LIFE! YOU MUST TRUST GOD, HIS WORD AND HIS WORKING. WHEN YOU GO SOMEWHERE AND HAVE TO SIT DOWN, DO YOU TEST THE SEAT BEFORE YOU SIT IN IT? YOU ARE CONFIDENT ENOUGH THAT THE SEAT WILL HOLD YOU AND YOU DON'T GIVE IT A SECOND THOUGHT. RIGHT? THEN WHY DO YOU DOUBT THE POWER OF GOD IN YOUR LIFE AND IN YOUR CIRCUMSTANCE? HOW CAN YOU HONESTLY SAY THAT YOU TRUST GOD WHEN YOU HAVE MORE FAITH IN INADIMATE OBJECTS -- YOUR CAR, YOUR PHONE, YOUR COMPUTER AND YOUR iPad, BUT YET YOU QUESTION GOD'S ABILITY TO BRING YOU OUT? HE WILL NEVER LET YOU DOWN. BUT YOU'VE GOT TO TRUST HIM WITH YOUR LIFE, EVEN WHEN YOU CAN'T SEE THE OUTCOME.

NOTICE IF YOU WILL, THE RECURRING THEME OF PSALM 55, 56 & 57 IS **TRUST!**



Please list a few synonyms for the word “TRUST”

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

Does man have power to thwart God’s eternal purpose in your life?

YES

NO

How are you supposed to trust God in your circumstance?

_____ AND _____

—Teaching point three: YOUR TRIALS! - (real, painful, and potentially devastating)

(PSALM 56:5-6)

YOU, MY BELOVED SISTER, ARE A DAUGHTER OF ZION! YOU WILL ENCOUNTER TRIALS ON THE WAY! BUT WITHOUT TRIALS IN YOUR LIFE, YOU WOULD NEVER KNOW THAT GOD COULD SOLVE THEM. THROUGH YOUR TRIALS, YOU WILL COME TO KNOW WHAT FAITH AND TRUST IN GOD CAN DO. TRIALS PUSH YOU. TRIALS STRETCH YOU. TRIALS STRENGTHEN YOU. TRIALS BUILD YOU UP IN THE LORD! TRIALS ARE NECESSARY FOR YOUR SPIRITUAL GROWTH. [MOTHERS DO YOU RECALL YOUR CHILD SUFFERING FROM GROWING PAINS?] WELL, THE CONFIDENCE YOU HAVE WHEN YOU ARE GOING THROUGH IS THAT GOD WILL BRING YOU THROUGH IT. YOU’LL BE STRONGER, WISER AND MUCH BETTER. ‘CAUSE IF HE BRINGS YOU **TO** IT, HE WILL BRING YOU **THROUGH** IT!



SHOULD YOU EVER FEEL THAT JUST BECAUSE YOU ARE A DAUGHTER OF ZION YOU SHOULD NEVER ENCOUNTER ANY TRIALS ON THE WAY?

YES

NO

WHY OR WHY NOT?

WHAT KNOWLEDGE WILL YOU GLEAN COMING OUT OF YOUR TRIALS?

IF GOD _____ YOU _____ IT, HE WILL _____

YOU _____ IT!

—Teaching point four: YOUR TRIUMPH! (victory, win, success)

(Psalm 56:7-9)

YOU WILL ALWAYS COME OUT TRIUMPHANT IN BATTLE BECAUSE THE BATTLE DOES NOT BELONG TO YOU. IT BELONGS TO THE LORD! SCRIPTURE STATES TO “HOLD YOUR PEACE AND LET THE LORD FIGHT YOUR BATTLE AND VICTORY SHALL BE YOURS.” SCRIPTURE SAYS TO “STAND STILL AND SEE THE SALVATION OF THE LORD”. SCRIPTURE ADVISES THAT IF YOU WAIT ON THE LORD HE WILL STRENGTHEN YOUR HEART! SCRIPTURE ALSO SERVES NOTICE THAT YOU WILL REAP A HARVEST OF PLENTY IF YOU FAINT NOT! **DON’T FALL APART!** YOUR TEST, YOUR TRIALS AND YOUR TROUBLES ARE THE FOUNDATION FROM



WHICH DERIVES YOUR TESTIMONY. FOR WITHOUT A TEST, A TRIAL OR TROUBLE, YOU HAVE NOTHING TO TESTIFY ABOUT! ‘CAUSE IF YOU HAVEN’T SEEN ANYTHING, IF YOU HAVEN’T HEARD ANYTHING, AND IF YOU HAVEN’T FELT ANYTHING THEN I’M HERE TO INFORM YOU, THAT YOU DON’T KNOW ANYTHING!

Who does your battle belong to?

What is the foundation for which your testimony is derived?

—*Teaching point five: YOUR THANKSGIVING! (gratitude, appreciation)*

(Psalm 56:10-13)

WHEN YOU TRUST GOD TO BRING YOU THROUGH, YOU DON’T HAVE TO WAIT UNTIL THE BATTLE IS OVER... YOU CAN SHOUT RIGHT NOW! BECAUSE YOU ALREADY KNOW THAT IN THE END, YOU’RE GOING TO WIN! THE DEVIL IS ALREADY DEFEATED! NEWSFLASH!!! “NO WEAPON FORMED AGAINST YOU SHALL PROSPER; AND EVERY TONGUE THAT RISES UP IN JUDGEMENT SHALL BE CONDEMNED...” YOU ARE THE HEAD AND NOT THE TAIL. YOU ARE ABOVE AND NOT BENEATH. YOU ARE THE LENDER AND NOT THE BORROWER. SO GO AHEAD, BEGIN TO PRAISE GOD, EVEN IN THE FACE OF MOUNTING ADVERSITY. GO AHEAD OPEN UP YOUR MOUTH AND BEGIN TO GIVE HIM



THANKS FOR THE GOOD AND THE BAD; THE HAPPY AND THE SAD; YOUR UPS AND YOUR DOWNS; THE SUNSHINE AND THE RAIN; YOUR GLOOM AND YOUR GLADNESS; FEAST AND FAMINE! BECAUSE THE BIBLE SAYS IN EVERYTHING GIVE THANKS, FOR THIS IS THE WILL OF GOD IN CHRIST JESUS CONCERNING YOU!

So why must you give thanks in all things?

What trouble, trial or test are you going through right now?

WHENEVER YOU FIND YOURSELF SURROUNDED BY THOSE WHO WISH YOU HARM, YOU MUST PUT YOUR TRUST IN THE LORD. ONLY THEN WILL YOUR ANXIETY BE REPLACED WITH ASSURANCE AND YOUR PANIC WITH PEACE. TERRIFYING CIRCUMSTANCES WILL COME INTO THE LIFE OF EVERY BELIEVER. IN SUCH HOURS OF DESPERATION, DAVID CAN SERVE AS AN EXAMPLE OF CONFIDENT TRUST. IN THE LORD WE HAVE CONTENTMENT, COMPOSURE, AND PEACE IN THE FACE OF OVERWHELMING TROUBLES AND ADVERSITY. SO WOMEN OF GOD... **DON'T FALL APART!** BECAUSE EVERY TRIAL, EVERY TEST AND EVERY OUNCE OF TROUBLE THAT COMES INTO YOUR LIFE, GOD HAS IT ALL IN CONTROL. **COME ON LET'S RAIZE THE PRAISE IN THIS HOUSE!**