

THE POWER OF FORGIVENESS

Never underestimate the power of forgiveness. Forgiveness can literally heal people. Forgiveness can literally mend relationships. Forgiveness can cause diseases to subside. Forgiveness can change a life. And forgiveness most often is for the FORGIVER more than it is for the FORGIVEN. I have had people offend me, say sorry and then move on with no problem. Yet after it's all over and done and they have moved on I am still left standing there with a broken heart. And if I don't forgive guess who's still carrying the burden? We all should know this. Forgiveness is essential to freeing yourself from whatever offense we may be still hurting over. It's not easy but it's absolutely necessary to being a happy, healthy, and whole person.

My brothers and sisters wherever you are with pain and hurt right now trust me God has the power to heal you. We get up every morning and we routinely pray and ask God to do this and this and that. We put in our prayer requests and we ask God to fix this and provide for that. Truth of the matter is sometimes it's easier to believe God can do something for other people. But when it's time to believe that God can do the impossible for your own pain and problems, at times it doesn't seem possible. Trust me. If God can do it for one, He can and will do it for all. Do your part. Forgive others even if they haven't asked for it. It's God's job to change lives. It's our job to maintain the life change He has made in us.

I am learning more and more that God brings out of you some of his best sermons, songs and successes when you have or are experiencing some pain. And even if you have caused yourself pain, God has a way of taking that pain and turning it around to make it something that is going to bless you. One of the most powerful ways God does that is through forgiveness.

Matthew 5:44 - But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you.

Matthew 6:14 - For if you forgive others their trespasses, your heavenly Father will also forgive you.

MINISTER MARCUS DYSON



**DR. JOSEPH BRYANT, JR., PASTOR
CALVARY HILL COMMUNITY
CHURCH**

**141 INDUSTRIAL STREET
SAN FRANCISCO, CA 94124**

(415) 647-5300

www.calvaryhillsf.com