

Aren't simple statements, at times some of the most profound???

A Made Up Mind Is A Powerful Mind

When you arrive to a cul de sac in your mind where there are no other options, all alternates have been exhausted, and there is no other place to go, then you possess the power to break through towards your desired destination. This mind shift derives from the combination of a strong desire not to remain where you are plus a greater desire to arrive at a better state. The two intertwine to drive you forward and cause you to make a mental shift that results in life-changing actions. This happened to me when I had to downsize and move in with family. On one hand I felt literally down-graded, a failure, and thought this would be the end. But once I caught a better view of my future of home ownership, the two worked together to transform my mind towards money. Convincing me to be a good steward of every cent that came through my hands, maximize this season in order to save for a down payment towards.

Transformation must first begin in your mind in order for change to be experienced in the natural. If you take a sincere look at what has brought you to the place of resolve and determination, it was more than likely a series of events and experiences that reminded you that your current situation is not God's best and that you could do better.

When you were left breathless from taking the stairs because the elevator was out of order, you were quickly reminded that you need to maintain a more active lifestyle. When you were unable to financially invest in your child's education and advancement due to your inability to exercise self-control in Macy's, it caused you to make up in your mind to do different. Your mind became fixed on stepping out into a new career once you saw how many lives you could change with your creativity, ideas and new approach to mental health.

Allow me to share a secret with you. The power to your change doesn't lie within your boss, friends, spouse nor the government. YOU truly possess the ability to change your life, once you make up in your mind that you want fulfilling relationships you will dump the ones that aren't assets. Once you make up in your mind that you desire a "first-class" lifestyle, you will put in the work to allow your gifts to bring you profits. Once you make up in your mind that you deserve better, you will STOP settling for less. Do not allow what you see and experience to alter your confessions and expectations. Allow these low moments to serve as fuel to your fire of mental change that produces a made up mind and a brighter future!

**LADY JENNIFER
HAMMOCK**



**REV. DARNELL HAMMOCK,
PASTOR
NEW LIFE COMMUNITY
CHURCH
3903 BROADWAY
OAKLAND, CA 94611
WWW.IMPACTOAKLAND.ORG
WWW.IAMLADYJENN.COM**

POSTED MARCH 2015